LAKE LOUISE LOPPET

Formerly *THE TELEMARK*

est. 1973

Sunday March 2, 2008

CALGARY Ski CLUB

INC. 1935

901-11th Avenue N.W. Calgary Alberta T2M 0C2

RACE RESULTS

The Lake Louise Loppet is held with the assistance of

Banff National Park **Lake Louise Recreation Board**

The Fairmont CHATEAU LAKE LOUISE

LAKE LOUISE STATION

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Sanctioned by Cross-Country Canada

OFFICIAL RESULTS

36TH ANNUAL LAKE LOUISE LOPPET - SUNDAY MARCH 2, 2008 - CALGARY SKI CLUB

CHIEF OF COMPETITION	ALASDAIR FERGUSSON	CSC
CHIEF OF COURSE	GREG MACCULLOCH	CSC
TECHNICAL DELEGATE	GREG BUDD	FT SASK

AIR TEMPERATURE: -4°C; SNOW TEMPERATURE: -6°C; CONDITIONS: VERY GOOD

MEN(20-29) Distance: 20 KM

(1)	286	ARGUE, MIKE	YELLOWKNIFE	1:04:23.0
(2)	270	CARLETON, ERIK	RMR	1:04:24.0
(3)	269	MCGURK, LUKE	RMR	1:06:55.0
(4)	271	HAMILTON, GAVIN	FNSC	1:07:06.0
(5)	214	MURRAY, IAN	RMR/NHN	1:07:45.0
(6)	238	KANGARLOO, CYRUS	X-C.COM	1:08:59.0
(7)	288	KANGARLOO, JUSTIN	FNSC	1:11:21.0
(8)	248	GRAY, OWEN	FNSC	1:17:08.0
(9)	229	PIPER, GABRIEL	CALGARY	1:17:59.0
(10)	224	GREEN, BRANDON	RED DEER NORDIC	1:29:29.0

WOMEN(20-29) Distance: 20 KM

(1)	254	STICHELBOUT, JESSICA	FIELD SC	1:39:27.0
(2)	252	CAMPBELL, BROOKE	FNSC	1:41:57.0
(3)	255	MOORE, SARA MAE	CLUB DIRTBAG	1:47:36.0
(4)	293	WELLS, TARA	CALGARY	2:12:34.0
(5)	292	WELLS, KRISTA	CALGARY	2:20:34.0
(6)	282	MACDONALD, JESSIE	EDMONTON	2:24:17.0

MEN(30-39) Distance: 20 KM

(1)	257	FREEZE, PAUL	KIMBERLEY	1:14:41.0
(2)	283	SOGN-LARSSEN, SIMEN	FNSC	1:16:18.0
(3)	244	TOTH, MARK	FNSC	1:18:20.0
(4)	275	BAVIN, RYAN	TOBY CREEK	1:23:28.0
(5)	253	MACINNES, ANDREW	FNSC	1:26:28.0
(6)	265	FREEZE, PATRICK	KIMBERLEY	1:28:24.0
(7)	232	HENRY, XAVIER	FNSC	1:31:52.0
(8)	225	FARR, KAMREN	GREAT CANADIAN	1:33:01.0
(9)	246	DOPF, TONY	CALGARY	1:38:02.0
(10)	278	KEELING, BILL	LAKE LOUISE	1:43:06.0
(11)	247	LAIRD, CHARLES	BWJR	2:04:06.0
(12)	237	FRIGG, ARNO	CALGARY	2:15:24.0
(13)	290	VAN EGTEREN, BILL	EDMONTON	2:24:18.0
(**)	200	LAWLOR, TOM	CALGARY	-- DNS --

MEN(30-39) Distance: 20 KM

(**)	203	ILLING, MARK	ORR	-- DNS --
(**)	243	COOK, CURTIS	CALGARY	-- DNS --

WOMEN(30-39) Distance: 20 KM

(1)	209	CROWE, KIM	FNSC	1:42:57.0
(2)	241	MURRAY, KRISTEN	CALGARY	2:02:19.0
(**)	228	TAYLOR, MARILYN	FNSC	-- DNS --

MEN(40-49) **Distance: 20 KM**

(1)	230	JOHNS, GEOFF	FNSC	1:16:31.0
(2)	240	BAGGOTT, KEVIN	FNSC	1:18:37.0
(3)	208	LIPKOV, YURI	CALGARY	1:18:45.0
(4)	277	MEKECHUK, DARRYL	CALGARY	1:19:58.0
(5)	262	POJASOK, TARAS	GREAT CANADIAN	1:22:23.0
(6)	280	WILMAN, ALAN	EDMONTON	1:23:00.0
(7)	207	STOKOE, JEFF	PARKLAND	1:23:52.0
(8)	239	GRAY, DOUGLAS	CALGARY	1:26:03.0
(9)	251	MCBETH, KEVIN	CALGARY	1:27:21.0
(10)	235	HERRERO, JACOB	CANMORE	1:27:35.0
(11)	284	RICHMOND, DAVE	PARKLAND	1:28:36.0
(12)	245	TRUILLOT, ERIC	CNSC	1:29:53.0
(13)	242	BENCE, JOHN	BICISPORT	1:31:49.0
(14)	281	HENDRY, JIM	CNSC	1:33:22.0
(15)	279	DOLINSKY, JEFF	GOLDEN SC	1:35:22.0
(16)	233	WEBER, STEPHEN	CALGARY	1:42:14.0
(17)	205	VAUGHAN, NORM	RMJR	1:52:40.0
(18)	276	MEERES, MICHAEL	RED DEER	1:54:54.0
(19)	285	WAERSTAD, NILS	CALGARY	1:55:59.0
(20)	227	BELLARBY, JONATHAN	CNSC	1:59:08.0
(21)	291	RATLIFFE, WILL	CALGARY	2:03:39.0
(22)	213	HAMMER, BRENT	RED DEER	2:03:49.0
(**)	272	TROMPOSCH, ERIC	BRAGG CREEK	-- DNF --

WOMEN(40-49) **Distance: 20 KM**

(1)	263	DAVIES, KATHY	CNSC	1:18:21.0
(2)	236	MARTIN, ULRIKE	CNSC	1:30:31.0
(3)	274	MAYERHOFER, MARION	GREAT CANADIAN	1:39:05.0
(4)	221	WILMAN, PAM	MILLCREEK	1:56:08.0

MEN(50-59) **Distance: 20 KM**

(1)	264	BANNON, JAMES	CNSC	1:16:06.0
(2)	219	SCHRAMA, CHARLIE	BSR	1:23:44.0
(3)	294	FOORD, GREG	CALGARY	1:24:04.0
(4)	231	AUGSTEN, RAINER	FNSC	1:24:58.0
(5)	202	JOHNSON, KEN	LIFESPORT	1:25:21.0
(6)	220	SCHNEIDER, ERIC	FNSC	1:30:04.0
(7)	218	YAU, HENRY	CNSC	1:33:18.0
(8)	295	PEDERSON, FINN	CALGARY	1:38:51.0
(9)	259	GALLAGHER, JOHN	CANMORE	1:39:28.0
(10)	256	FARRAN, PETER	CALGARY	1:42:11.0
(11)	266	AUFRICHT, MATT	CALGARY	1:43:24.0
(12)	201	ALGEO, CHRIS	LIFESPORT	1:44:56.0
(13)	296	SAVIDOV, NICK	CALGARY	1:45:59.0
(14)	212	BEREZOWSKI, LES	PSB RACING TEAM	1:51:37.0
(15)	268	WELLS, JOSEPH	BSR	1:53:26.0
(16)	215	BANKES, NIGEL	BWJR	2:00:59.0
(17)	204	KAMINSKY, JURGEN	CALGARY	2:04:34.0
(18)	249	LAWSON, DAVID	CALGARY	2:15:31.0
(19)	217	COCKETT, ROBIN	BWJR	2:18:55.0
(20)	226	LINOWSKI, RONALD	MEDICINE HAT	2:21:45.0

WOMEN(50-59) Distance: 20 KM

(1)	260	MURPHY, PATSY	CNSC	1:40:29.0
(2)	234	PERRY, JANICE	FNSC	1:41:02.0
(3)	258	GALLAGHER, ANNE	CANMORE	1:47:10.0
(4)	250	EUGSTER, SUZANNE	CALGARY	1:51:49.0
(5)	273	FARRAN, WANDA	CALGARY	2:14:26.0

MEN(60-69) Distance: 20 KM

(1)	206	MCFADYEN, BOB	EDMONTON	1:42:28.0
(2)	289	JUDSON, FRED	EDMONTON	1:43:29.0
(3)	222	STANTON, PETE	CALGARY	1:57:14.0
(**)	210	SLAGORSKY, CHARLES	BSR	-- DNS --

WOMEN(60-69) Distance: 20 KM

(1)	287	KEITH, NEL	CNSC	1:48:10.0

MEN(15-19) Distance: 20 KM

(1)	216	COCKETT, ROWAN	BWJR	1:44:11.0

WOMEN(15-19) Distance: 20 KM

(1)	267	FERRIE, JOHANNA	KIMBERLEY	1:37:27.0

WOODEN MEN(OPEN) Distance: 20 KM

(1)	261	SLOMAN, KENNETH	EDMONTON	1:47:26.0
(2)	211	CLARK, IAN	BLINDMAN VALLEY	2:04:27.0

MEN(20-29) Distance: 10 KM

(1)	164	LENES, HAAKON	BSR	0:31:21.0
(2)	140	MOORE, GRAEME	RED DEER NORDIC	0:41:08.0
(3)	152	DAVIS, MATTHEW	FNSC	0:48:14.0
(4)	160	MEYER, JAMUS	ONTARIO	0:51:27.0

WOMEN(20-29) Distance: 10 KM

(1)	178	SCALLION, MAGI	BSR	0:35:34.0
(2)	154	TOTH, HAYLEY	FNSC	0:57:16.0
(3)	187	TURNER, SARAH	LAKE LOUISE	1:09:43.0
(4)	153	DONAGHY, KRISTIN	FNSC	1:12:19.0
(5)	151	LINOWSKI, VANESSA	MEDICINE HAT	1:27:04.0

MEN(30-39) Distance: 10 KM

(1)	125	HUGGINS-CHAN, SEAN	FNSC	0:37:30.0
(2)	139	HALL, KEVIN	BWJR	1:27:31.0

WOMEN(30-39) Distance: 10 KM

(1)	155	KUNES, MIRA	LIFESPORT	0:46:57.0
(2)	190	DALTON, CHERIE	CALGARY	1:03:00.0
(3)	126	ZAMZOW, GLENDA	CSC	1:17:25.0

MEN(40-49) Distance: 10 KM

(1)	175	TRUYEN, MATHYS	CALGARY	0:40:10.0
(2)	145	BERG, JOHN	CALGARY	0:45:27.0
(3)	114	SKARSGARD, ANDREW	BWCC	0:48:52.0
(4)	105	BRENNAN, BOB	RMJSC	0:49:46.0
(5)	141	BAUMGARTNER, MARK	RMJR	1:01:48.0
(6)	116	BUNCE, CHRIS	BWJR	1:08:28.0
(**)	113	SCHULZ, RICHARD	ENSC	-- DNS --

WOMEN(40-49) Distance: 10 KM

(1)	103	REAUME, IDA	BANFF	0:50:22.0
(2)	176	ANTHONY, CHARLENE	CALGARY	0:51:09.0
(3)	142	AUGSTEN, MARLENE	FNSC	0:58:46.0
(4)	149	HERRERO, KARIN	CANMORE	1:01:45.0
(5)	157	BOGLE, KELLY	RED DEER NORDIC	1:08:51.0
(6)	144	BERG, KAYLYN	CALGARY	1:14:42.0
(7)	109	MORRISON, CAROL	CSC	1:23:21.0
(8)	115	JACKLIN, NANCY	BWJR	1:23:37.0

MEN(50-59) Distance: 10 KM

(1)	121	BADGERY, RICK	BWJR	0:49:38.0
(2)	135	HICKIE, JOHN	CSC	0:53:01.0
(3)	173	JOHNSON, TERRY	CALGARY	0:57:17.0
(4)	123	MAAS, PETER	BWJR	0:59:57.0
(5)	133	MCCLURE, ROBERT	CALGARY	1:17:30.0
(6)	223	HUGHES, KEN	BADGERS	1:20:25.0

WOMEN(50-59) Distance: 10 KM

(1)	104	JOHNSON, CONNIE	LIFESPORT	0:48:14.0
(2)	159	LAWSON, SUSAN	CALGARY	1:05:08.0
(3)	168	SNOW, TANYA	FNSC	1:08:07.0
(4)	102	LANGLAIS, SUE	CANMORE	1:10:57.0
(5)	183	KUWAHARA, JUDY	CALGARY	1:31:43.0
(**)	112	SCHULZ, PETRA	ENSC	-- DNS --

MEN(60-69) Distance: 10 KM

(1)	179	GARDNER, DON	LIFESPORT	0:45:15.0
(2)	177	SWANSON, DALE	FNSC	0:52:47.0
(3)	166	MCINTYRE, PETER	CALGARY	1:03:38.0
(4)	107	PIMM, LARRY	RED DEER	1:04:16.0

WOMEN(60-69) Distance: 10 KM

(1)	147	FRASER, FIONA	CNSC	1:08:30.0
(2)	146	DUNBAR, LINDA	CNSC	1:09:06.0

MEN(70-79) Distance: 10 KM

(1)	106	EIKUM, ERIK	NORSEMAN	0:49:16.0
(2)	171	BERG, ARNE	CALGARY	1:02:50.0

WOMEN(70-79) Distance: 10 KM

(1)	110	NIELSEN, ELLA	SOOC	1:11:56.0

MEN(80+) Distance: 10 KM

(1)	84	NEALE, WARD	EVERGREENS	1:47:21.0

WOMEN(80+) Distance: 10 KM

(1)	85	NEALE, ROXIE	EVERGREENS	1:49:12.0

MEN(15-19) Distance: 10 KM

(1)	165	LENES, MARTIN	BSR	0:31:27.0
(2)	37	DUPUIS, PAUL	BSR	0:33:53.0
(3)	158	BOGLE, GARETT	RED DEER NORDIC	0:48:52.0
(4)	136	HARRIS, CAMERON	GOLDEN NSC	1:07:44.0

WOMEN(15-19) Distance: 10 KM

(1)	130	SCHRAMA, HILARY	BSR	0:37:29.0
(2)	172	HOWIE, MICHAELA	BSR	0:41:24.0
(3)	111	WIENS, LAUREN	HAWKRIDGE	0:50:47.0
(4)	184	BADGERY, EMMA	BWJR	0:54:24.0
(5)	156	SAUNDERS, ALLYSON	RED DEER NORDIC	0:56:16.0
(6)	108	STOKOE, SYDNEY	RED DEER NORDIC	0:56:17.0
(7)	180	DOLINSKY, ELISE	GOLDEN	0:56:18.0
(8)	161	BUDD, SARAH	FT SASK	0:57:27.0
(9)	181	DOLINSKY, CARMEN	GOLDEN	1:03:40.0
(10)	150	DAHLE, KATIE	ROCKY MT HOUSE	1:07:01.0
(11)	131	MAYNES, ELIZABETH	CSC	1:08:28.0
(12)	124	MAAS, KRISTIN	BWJR	1:11:57.0

BOYS(11-14) Distance: 10 KM

(1)	170	COUEFFIN, STEVEN	KIMBERLEY	0:43:12.0
(2)	186	HICKS, PETER	CNSC	0:43:41.0
(3)	169	THOMPSON, BEN	CNSC	0:53:12.0
(4)	137	HARRIS, MITCHELL	GOLDEN NSC	0:54:22.0
(5)	119	BANKES, ROBBIE	BWJR	0:57:35.0
(6)	132	MAYNES, EVAN	CSC	1:07:46.0
(7)	117	BUNCE, OWEN	BWJR	1:08:48.0
(8)	127	HUGHES, AIDAN	BADGERS	1:13:27.0
(9)	134	MCCLURE, KYLE	CALGARY	1:16:42.0
(**)	148	LAROY, JAY	GOLDEN NSC	-- DNS --

GIRLS(11-14) Distance: 10 KM

(1)	167	PERRIN, NICOLE	KIMBERLEY	0:48:39.0
(2)	143	AUGSTEN, LEANNA	FNSC	0:50:22.0
(3)	182	LLOYD, CARLY	GOLDEN	0:56:19.0
(4)	120	BANKES, MEGAN	BWJR	1:01:14.0
(5)	118	BUNCE, LOUISE	BWJR	1:03:29.0
(6)	189	DAHLE, JILL	ROCKY MTN HOUSE	1:11:02.0
(7)	128	MCCLURE, CAITLIN	CALGARY	1:17:30.0
(8)	138	HALL, SARA	BWJR	1:27:30.0
(**)	122	EDWARDS, ARRIELLE	BWJR	-- DNF --

WOODEN MEN(OPEN) Distance: 10 KM

(1)	129	CROSS, DON	EDMONTON	0:49:20.0
(2)	100	REID, BOB	YELLOWKNIFE SC	1:06:39.0

WOODEN WOMEN(OPEN) Distance: 10 KM

(1)	101	CARRIERE, SUZANNE	YELLOWKNIFE SC	1:13:28.0
(2)	162	FREEMAN, CARRIE	BLINDMAN VALLEY	1:14:44.0
(2)	163	CLARK, DEB	BLINDMAN VALLEY	1:14:44.0
(3)	185	SANDFORD, VI	CANMORE	1:16:19.0

BOYS(7-10) **Distance: 2 KM**

(1)	174	DUPUIS, MARC	BSR	0:07:58.0
(2)	45	HARVEY, ALEXANDER	CNSC	0:09:00.0
(3)	46	MARTIN, STEFAN	CNSC	0:09:09.0
(4)	40	HENDRY, SAM	CNSC	0:09:45.0
(5)	18	BELLARBY, DANIEL	CNJR	0:10:33.0
(6)	43	MCLEAN, SEAN	FNSC	0:11:10.0
(7)	12	REMPEL, JAKE	BWJR	0:11:41.0
(8)	23	BERG, LEIF	CALGARY	0:12:50.0
(9)	32	SEMENIUK, SAMUEL	BWJR	0:12:53.0
(10)	4	GREEN, ZACHARY	CSC	0:14:25.0
(11)	1	LEGG, JACKSON	CSC	0:14:40.0
(12)	14	ZAMZOW, MARCUS	CSC	0:14:43.0
(13)	15	HUGHES, EAMON	BADGERS	0:17:42.0
(14)	9	SKARSGARD, ERIK	BWJR	0:19:01.0
(15)	27	STIX, WARREN	ENSC	0:19:04.0
(16)	26	CUMMINGS, JOHN PAUL	CSC	0:19:52.0
(17)	29	MULLER, MICHAEL	CALGARY	0:21:35.0
(**)	11	EDWARDS, ATHANIEL	BSJR	-- DNS --
(**)	17	MITCHELL, FYNN	CNSC	-- DNS --
(**)	22	BAUMGARTNER, KYLE	RMJR	-- DNS --

GIRLS(7-10) **Distance: 2 KM**

(1)	39	MARTIN, ANITA	CNSC	0:09:37.0
(2)	38	ELLIOTT, NICOLE	BWJR	0:09:38.0
(3)	44	MCLEAN, SARA	FNSC	0:09:52.0
(4)	31	MCCROY, LEA	CANMORE	0:10:40.0
(5)	19	BELLARBY, CLAIR	CNJR	0:12:39.0
(6)	8	DUSKA, NAOMI	BWJR	0:12:54.0
(7)	7	DUSKA, ELAINA	BWJR	0:13:12.0
(8)	25	LAIRD, CAOIMHE	BWJR	0:14:35.0
(9)	3	BRENNAN, LAURA	RMJSC	0:14:53.0
(10)	36	JOHNSON, KAELA	CALGARY	0:15:00.0
(11)	16	HUGHES, CARLAN	BADGERS	0:16:02.0
(12)	35	JOHNSON, NICOLE	CALGARY	0:17:50.0
(13)	10	SKARSGARD, SARAH	BWJR	0:17:56.0
(14)	49	HEARN, CLAIRE	CSC	0:18:02.0
(15)	2	BRENNAN, JAYMIE	RMJSC	0:18:53.0
(16)	47	SCHILLER, KEIRA	CSC	0:20:40.0
(17)	48	RATLIFFE, KAREN	CALGARY	0:21:13.0
(**)	21	BAUMGARTNER, JENNA	RMJR	-- DNS --

BOYS(4-6) **Distance: 1 KM**

(1)	20	BELLARBY, SAMUEL	CNJR	0:08:48.0
(2)	24	BERG, FINN	CALGARY	0:09:09.0
(3)	50	HUGGILL, ANDREW	CNSC	0:09:10.0
(4)	13	ZAMZOW, DEREK	CSC	0:14:15.0
(5)	34	WOODS, ODIN	BANFF	0:24:11.0

GIRLS(4-6) **Distance: 1 KM**

(1)	41	HENDRY, ISOBEL	CNSC	0:10:41.0
(2)	33	JENSEN, ANIKA	CANMORE	0:11:16.0
(3)	6	DUSKA, TITANIA	BWJR	0:11:24.0
(4)	30	LUNTLEY, MADDY	CNSC	0:13:12.0
(5)	5	REMPEL, AMANDA	BWJR	0:15:41.0
(6)	28	MULLER, JENNIE	CALGARY	0:21:12.0
(7)	42	HENDRY, EMMA	CNSC	0:26:06.0

Congratulations to our 2008 record breakers: Kathy Davies, Nel Keith, Haakon Lenes, Magi Scallion, Sean Huggins-Chan, Don Gardner, Erik Eikum and Martin Lenes.

Men 20-20 20 km

2001	Robin McKeever	Lifesprt	1:01:36
1998	Robin McKeever	Lifesprt	1:02:26
1994	Robin McKeever	FNSC	1:04:13
1990	Nic Christofferson	FNSC	1:08:57
1989	Peter Findlay	LacLeJ	1:10:39
1988	John Groeneveld	BSR	1:15:33

Women 20-29 20 km

1998	Milaine Thériault	NB	1:10:04
1988	Kelly Bruce	BSR	1:17:50

Men 30-39 20 km

1998	John Groeneveld	CNSC	1:12:20
1991	John Groeneveld	CNSC	1:14:44
1989	Pat McLellan	FNSC	1:15:04
1988	Karl Schneider	ENSC	1:15:43

Women 30-39 20 km

2007	Kamila Borutova	RMR	1:18:15
1994	Lorna Sasseville	CNSC	1:21:09
1991	Lorna Sasseville	CNSC	1:21:53
1989	Lori Wakely	FNSC	1:47:34
1988	Wendy Edge	CNSC	1:56:44

Men 40-49 20 km

2001	James Bannon	BSR	1:11:07
1995	Valda Krunberg	Estonia	1:12:35
1994	Bill Brooks	CNSC	1:15:56
1993	Tom Holland	CNSC	1:18:03
1990	Larry Mason	FNSC	1:19:20
1988	Ottmar Setzer	CNSC	1:22:31

Women 40-49 20 km

2008	Kathy Davies	CNSC	1:18:21
2001	Monique Chamberfort		1:25:24
1998	Marion Schafer	CNSC	1:27:21
1997	Judy Buchanan-Mappin	CNSC	1:32:58
1994	Silvia Stettler	CNSC	1:32:58
1992	Barbara Bertch	CNSC	1:36:53
1990	Jan Phillips		2:00:47
1989	Dianne Kent	Calgary	2:10:08
1988	Dianne Kent	Calgary	2:18:21

Men 50-59 20 km

2001	Bill Brooks	CNSC	1:15:42
1993	Gerry Kemp	KNSC	1:20:03
1989	Ottmar Setzer	CNSC	1:21:37
1988	Eric Luoma	FNSC	1:27:21

Women 50-59 20 km

2007	Christina Johnson	FNSC	1:30:34
2004	Silvia Stettler	CNSC	1:32:44
1999	Laurie Murray	MillCr	1:32:52
1997	Laurie Murray	ENSC	1:37:54
1994	Jeannette Fish	BSR	1:49:25
1989	Sheena Thomas	Jasper	1:53:43

Men 60-69 20 km

2001	Vic Emery	BSR	1:26:18
1995	Alfons Gedig	Grmny	1:28:38
1994	Dick Lofthouse	CNSC	1:43:31
1989	Franz Vaclavek	FNSC	1:43:35

Women 60-69 20 km

2008	Nel Keith	CNSC	1:48:10
2007	Sibylla Lane	CNSC	1:53:32
1997	Theresa Dobler	FNSC	2:10:23
1990	Olwyn Ringheim	BC	2:29:42

Men 70-79 20 km

2001	Henk Waterreus	CNSC	1:39:54
1998	Herb Kariel	FNSC	2:01:00
1997	Ward Neale	SOCC	2:24:50
1995	Ward Neale	SOCC	2:34:50

Women 70-79 20 km

1999	Laine Sastok	ENSC	2:38:49

Men 15-19 20 km

2001	Drew Goldsack	RMR	1:04:19
1994	Forrest Campbell	BSR	1:09:57
1993	Andre Renner	CNSC	1:18:06
1992	Maarten Voordouw	FNSC	1:28:19
1989	Jaime Trento	BRS	1:32:46
1988	Jan Triska	Calgary	1:51:29

Women 15-19 20 km

1998	Amanda Fortier	ENSC	1:18:35
1994	Sara Renner	CNSC	1:20:51
1992	Kate Zidek	CNSC	1:31:41
1990	Susan Storsberg	FNSC	2:02:49
1989	Susan Storsberg	FNSC	2:42:35

Wooden Men 20 km

2007	Ken Sloman	Edmtn	1:40:59

Men 20-29 10 km

2008	Haakon Lenes	BSR	0:31:21
1994	Paul Klann	ENSC	0:36:03
1988	Dave Steinhoff	Banff	0:38:01

Women 20-29 10 km

2008	Magi Scallion	BSR	0:35:34
2001	Tara Whitten	ENSC	0:38:49
1994	Kristin Berg	FNSC	0:40:09
1993	Margaret Holden	Calgary	0:44:13
1991	Sandra Paintin	NZ	0:46:47
1989	Charlene Dunn	FNSC	0:48:12
1988	Kathy Rangen	Pkland	0:49:19

Men 30-39 10 km

2008	Sean Huggins-Chan	FNSC	0:37:30
1998	Ken Johnson	FNSC	0:39:08
1988	Dieter Kuhn	CNSC	0:39:30

Women 30-39 10 km

1990	Sharon Gosnell	CNSC	0:44:48
1989	Elaine Birkigt	Northn	0:58:25
1988	Maurita Salmon	ENSC	1:33:16

Men 40-49 10 km

1990	Dieter Kuhn	CNSC	0:37:36
1998	Chris Chenh	Banff	0:48:14

Women 40-49 10 km

2005	Maria Hawkins	CNSC	0:42:06
2001	Sharon Hogg	FNSC	0:42:19
1996	Marion Schafer	CNSC	0:49:44
1994	Mary Jane Barnes	Canmr	0:52:19
1991	Jan Phillips	Calgary	0:57:59
1990	Sylvia Carleton	FNSC	1:00:30
1989	Sylvia Carleton	FNSC	1:03:03
1988	Norma Berg	FNSC	1:06:37

Men 50-59 10 km

1999	Bill Brooks	CNSC	0:42:27
1991	Peter Donitz	CNSC	0:42:51
1990	Erik Eikum	Nrsmn	0:49:04
1989	Erik Eikum	Nrsmn	0:50:03
1988	Erik Eikum	Nrsmn	0:50:31

Women 50-59 10 km

2005	Judy Buchanan-Mappin	CNSC	0:46:24
1998	Jeannette Fish	BSR	0:48:42
1997	Ursula Grady	KNSC	0:56:28
1994	Jill Hunt	CNSC	1:00:42
1994	Jill Hunt	CNSC	1:00:53
1989	Theresa Dobler	FNSC	1:06:42
1988	Nel Van Prooyen	Nethl	1:32:24

Men 60-69 10 km

2008	Don Gardner	Lifesprt	0:45:15
1999	Erik Eikum	Nrsmn	0:48:10
1997	Erik Eikum	Nrsmn	0:49:13
1995	Otmar Huber	Tolz	0:51:16
1991	Gunnar Berg	FNSC	0:52:03
1990	Ken Dalen	WNSC	0:52:28
1988	Jurij Borys	Calgary	0:57:13

Women 60-69 10 km

2003	Jeanette Fish	BSR	0:51:43
1998	Ella Nielson	FNSC	0:59:27
1997	Ella Nielson	FNSC	1:02:17
1996	Ella Nielson	FNSC	1:10:56
1988	Mayay Scott	Ont	1:16:53

Men 70-79 10 km

2008	Erik Eikum	Nrsmn	0:49:16
2005	Erik Eikum	Nrsmn	0:49:45
1998	Jurij Borys	Calgary	0:57:55
1997	Bernard Mason	FNSC	1:14:36

Women 70-79 10 km

2007	Ella Nielsen	SOCC	1:10:19
1998	Shirley Dahlie	BCNR	1:29:07
1997	Willie Mason	FNSC	1:39:32
1996	Marian Wooden	FNSC	1:44:57

Men 80+ 10 km

2003	Ward Neale	SOCC	1:26:43

Women 80+ 10 km

2003	Roxie Neale	SOCC	1:45:29

Men 15-19 10 km

2008	Martin Lenes	BSR	0:31:27
2001	Connal Robertson-More	BSR	0:32:36
1998	Carl Skinstad	Hawkr	0:34:24
1994	Brian Salzgeber	CNSC	0:38:09
1993	Dave Climie	FNSC	0:38:13
1991	Jeff Bahal	FNSC	0:40:51
1988	Jeremy White	Calgary	0:45:03

Women 15-19 10 km

2008	Hilary Schrama	BSR	0:37:29
2001	Sarah Daitch	FtSmith	0:38:48
1993	Sara Renner	CNSC	0:40:50
1988	Robyn Williams	FNSC	0:54:36

Boys 11-14 10 km

1994	Stefan Kuhn	CNSC	0:39:08
1989	Paul Watson	BSR	0:39:59
1988	Paul Watson	BSR	0:48:38

Girls 11-14 10 km

2001	Cathy Jaques	CNSC	0:39:40
1997	Madeleine Williams	ENSC	0:44:54
1990	Sara Renner	CNSC	0:49:39
1989	Marika Lamb	BSR	0:52:21
1988	Marika Lamb	BSR	0:56:07

Wooden Men 10 km

2006	Idan Wolach	FNSC	0:43:17
2005	Bruce Bembridge	LkLou	1:06:13

Wooden Women 10 km

2006	Ronena Wolach	FNSC	0:45:55
2005	Judy Millar	BWJR	1:18:42

Boys 7-10 2 km

1998	Jon Skinstad	Hawkr	0:06:33
1993	David Leoni	Camrse	0:08:02
1991	Thomas Kuhn	CNSC	0:09:34
1990	Patrick Carleton	FNSC	0:15:08

Girls 7-10 2 km

1993	Rayna Swanson	FNSC	0:07:53
1991	Christy Taylor	FNSC	0:10:15
1990	Sara Salzgeber	CNSC	0:16:01

Boys 4-6 1 km

1998	Roger Walder	Priddis	0:06:32
1997	Sheldon Pickering	BSR	0:08:15
1996	Simon MacDonald	Banff	0:09:05
1991	Michael Kantar	USA	0:14:13
1990	Stewart Thompson		0:15:10

Girls 4-6 1 km

1998	Danielle Meeres	R&G	0:07:53
1991	Robyn Dyer	FNSC	0:08:45
1990	Sarah Prescott	BCJR	0:15:03